

Campus & Student Life during COVID-19

Iowa Board of Regents, Campus & Student Affairs Committee
June 4, 2020

Campus & Student Life during COVID-19

- **Martino Harmon**, ISU Senior VP for Student Affairs
- **Paula Knudson**, UNI VP for Student Affairs
- **John Cool**, ISD Assistant Administrator
- **Sarah Hansen**, U. of Iowa VP for Student Life



Campus & Student Life during COVID-19

- Student feedback
- Adaptation & Innovation
- Generosity of spirit



CORONAVIRUS

ISU, Iowa, UNI Move to Online Classes for Remainder of Semester, Cancel Commencement Ceremonies

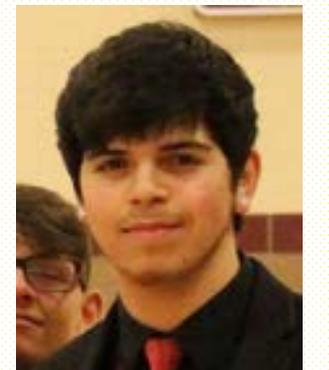
A graphic with a black header containing the text "COVID-19 CHANGES" in white. Below the header, the text "STATE UNIVERSITIES" is written in a smaller font. On the left side, there are two logos: the Iowa State University logo (a maroon square with "IOWA STATE UNIVERSITY" in gold) and the University of Northern Iowa logo (a blue square with "University of Northern Iowa" in white and yellow). On the right side, there is a list of three bullet points in red: "UNI, IOWA STATE AND IOWA", "ALL CLASS GOING TO ONLINE ONLY FOR THE SPRING SEMESTER", and "COMMENCEMENT CANCELLED". Below the list, there is a red horizontal bar. The background of the graphic is a light gray with a subtle geometric pattern.

(WHO Channel 13)

Posted: Mar 18, 2020 / 04:57 PM CDT / Updated: Mar 18, 2020 / 05:05 PM CDT

Student feedback

- Student leader roundtables
- Surveys of thousands of students



As faculty and staff, we are often supporting students through difficulty that we are not also experiencing. The challenge with COVID-19 is that everyone is experiencing it at the same time.



Student Surveys: Key Findings

The majority of students indicated that they:

- Talked to or made an appointment with their advisor
- Were aware of virtual academic support and IT resources
- Were aware of or have used virtual health and wellness resources
- Knew about the Pass/Not Pass policy
- Had a neutral to positive assessment of well-being
 - Satisfied with content and amount of communications

 **UNI Business** @UNIBusiness · May 5

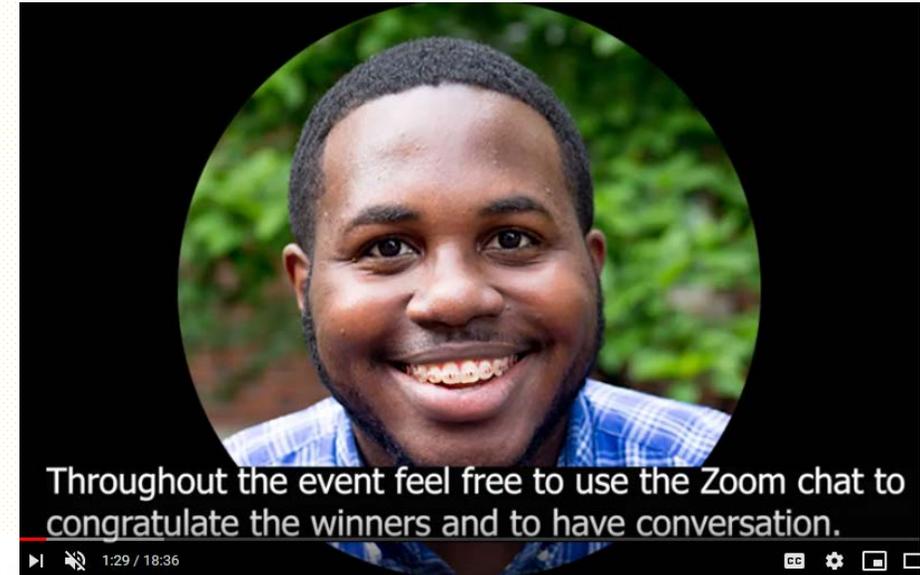
Thank you to our academic advising team for getting our business students #ReadyForBusiness! #GlobalAdvisingWeek #UNIadvisors



Student Survey: Key Findings

Nearly all students still interact with peers via:

- Social media
- Texting
- Email
- Video chat
- Online group discussions
- Not using: phone calls



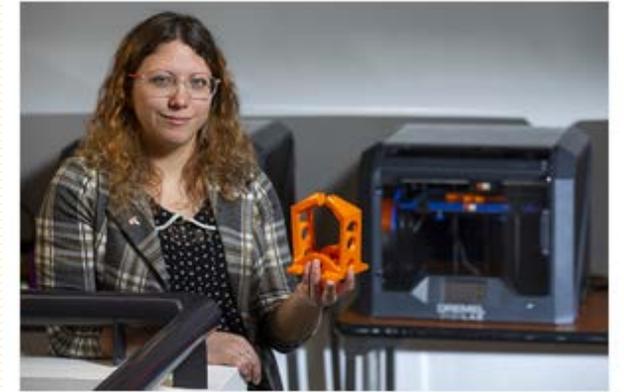
University of Iowa  @uiowa · 17h

A little finals prep motivation from @HawkeyeBand. 🙌



Student feedback: Online Learning

- Students appreciate the transparency of communication
- Professors are generally working hard to adapt and be engaging
- Difficulty getting motivated, juggling life at home & learning
- With fewer distractions, some are more “locked in” on their classes
- Test of personal discipline/willpower
- Adapting to new and different assignments
- Internet connectivity can be an issue at home

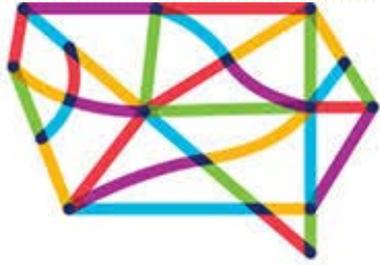


Assistant professor Raluca Iancu created miniature printing presses for her printmaking studio students to use at home for online instruction.



What students say they need:

- Social media updates
- Faculty who are being flexible with the adjustments and good with communication
- Instructors taking the time to record videos or online lectures
- Academic tutoring and supplemental instruction online
- Financial support - many depend on on-campus jobs to pay U-bill and rent
- Communication from services on campus
- “It would be interesting to see all the resources of tutoring, academic success, and counseling go online in a similar place so I could access them all, or know if I could access them all!”



**Iowa Education
for Deaf & Blind**



Feelings of isolation can be worse for blind or deaf students.

How students are managing



Mental Health

- Journaling
- Weekly stress management activities
- 1:1 student/staff and group student/staff discussions



Learning

- Parents learning about braille; assistive devices
- Students practice generalizing skills
- ISD: diminishing attendance and participation
- Some students understand COVID; others do not



Accommodations

- Laptops, Internet hotspots delivered to student homes
- Dorm staff packed student belongings and delivered them across Iowa

Coping during a pandemic

- Maintaining existing relationships with caregivers
- Feelings of isolation
- Anxiety and depression
- Financial worries
- Family concerns
- Helping with younger siblings
- Fear of the unknown
- Some international students feel they can't go home

Mental Health Virtual Panel Discussion 🕒

Coping in the time of COVID-19 is an uncharted, life-changing task for everyone, and it can make caring for our own mental health and the mental health of those around us a challenge.

Join our virtual Panel Discussion on Thursday, April 23 as campus mental health experts share resources and strategies for coping in a time of COVID-19:

Thursday, April 23

Students | Noon - 1:15PM CST

[Watch video of session](#)

Faculty/Staff | 1:30 - 2:45PM CST

[Watch video of session](#)

Coming to terms with what has been lost

- Coping with the abrupt end of the school year
- Graduation rituals for seniors and first generation graduates
- First-year students not finishing year with friends
- Loss of internships, jobs, study abroad experiences



DOWNLOAD ALL OF THE SPRING 2020 ZOOM GRAD BACKGROUNDS



Innovation & Adaptation

- Tele-health and Tele-counseling
- Library delivery
- Student Leadership Awards – 9,800 views
- Online interactions
 - Motivational Mondays
 - Virtual GSS
 - Green Zone Training
 - Bingo (23 – 61 participants)



ATTN: IOWA STATE STUDENTS, FACULTY AND STAFF

NEED LIBRARY TECH OR RESOURCES?
GET THEM DELIVERED RIGHT TO YOUR FRONT DOOR.

Tech Lending Delivery and Library Material Delivery are new services, added to expand access to technology during the COVID-19 pandemic.

Details: www.lib.iastate.edu/covid-19/interim-services

**From our library to your doorstep,
we're here to help.**



Virtual Mental Health Panel Discussions

Mental Health *Virtual Panel Discussions:*

COPING IN THE TIME OF COVID-19

Coping in the time of COVID-19 is an uncharted, life-changing task for everyone, and it can make caring for our own mental health and the mental health of those around us a challenge.

Join our virtual Panel Discussion on **Thursday, April 23**
to learn about resources and strategies for coping with COVID-19.

- Two separate panel discussions: one for students and one for faculty/staff
- Over 400 participants
- Panels were taped and captioned for access

Student Engagement

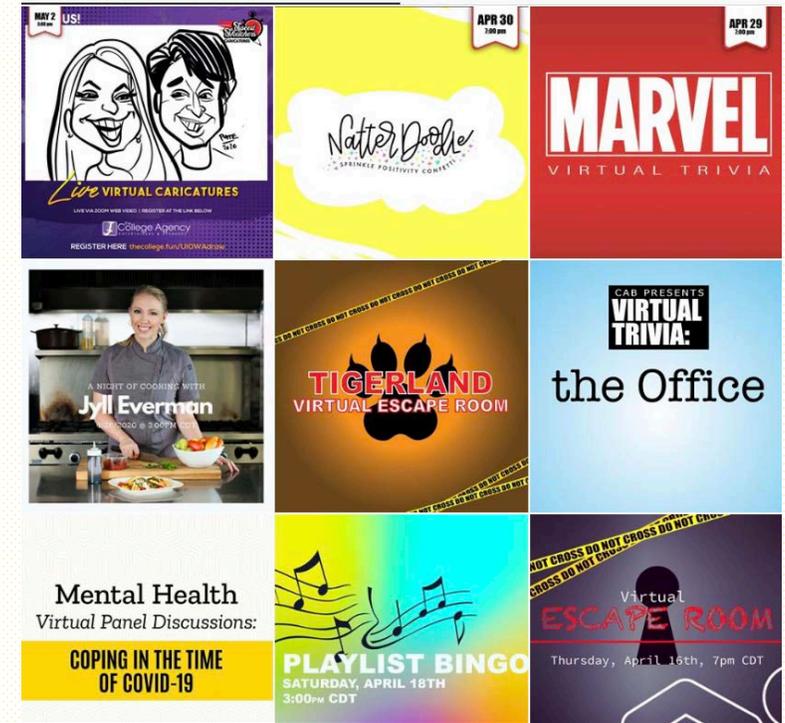
- Virtual programming through Campus Activities Board and Cultural Centers
- Students engaging with academic supports such as advisors and supplemental instruction
- Tele-health/counseling/wellness and disability services continue to be busy virtually

VIRTUAL RESOURCES
for Student Organizations

Check It Out!
SAC Virtual Resources

Need some ideas on how manage your org remotely?
Check out these resources!

[MORE](#)



Iowa State Recreation Services @ISURecS · Apr 27
NEW Virtual Fitness Schedule. Watch along on our Instagram Story!

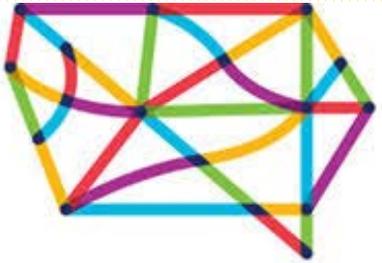
STREAMED ON INSTAGRAM @ISURECS

LIVE FITNESS CLASSES

DEAD WEEK SCHEDULE

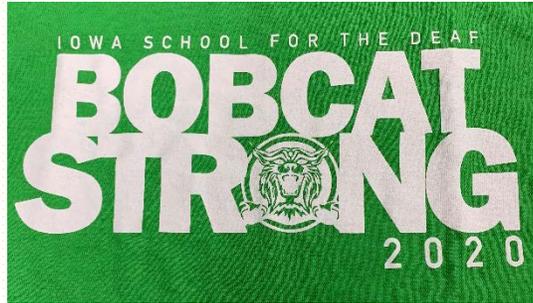
APRIL 27 MONDAY 8:00 AM ••••• BARRE ••••• LEAH 10:00 AM ••••• KICKBOXING ••••• SOPHIE 12:00 PM ••••• STRENGTH ••••• JEREMIAH 5:00 PM ••••• ZUMBA ••••• ARACELI	APRIL 31 FRIDAY 10:00 AM ••••• STRENGTH ••••• MALLORY 12:00 PM ••••• BARRE ••••• MARIS 3:00 PM ••••• CORE ••••• HALEY 5:00 PM ••••• HIIT ••••• JENE
APRIL 28 TUESDAY 8:00 AM ••••• YOGA ••••• GABBY 10:00 AM ••••• BARRE ••••• MIRANDA	MAY 1 SATURDAY 9:00 AM ••••• KICKBOXING ••••• TAYLOR 11:00 AM ••••• YOGA ••••• NICOLE

Innovation & Adaptation

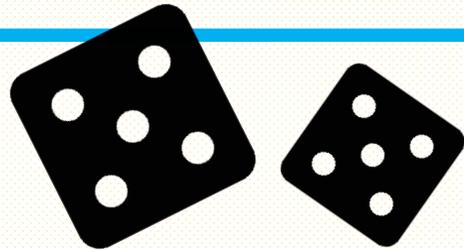


Iowa Education
for Deaf & Blind

Students are staying engaged with one another via cell phones, at all hours of the night. Peer engagement is high; class participation is low.



A virtual parade celebrated
ISD students.



There's a modification for that.
A teacher of the blind made a suggestion so a student could fully participate in family game night.



No internet? No problem.
Braille contractions taught over the phone, with student calling out dots to teacher.



Staff arranged for pizza to be delivered to students' homes on their birthdays.

Generosity of Spirit

Allie Stutting, a UI senior, created **Iowa City Errand-ers**, an errand service to assist those at risk for COVID-19

“I was on an errand dropping off groceries for a woman, and we got to talking. We were talking about such little things, but she started crying out of happiness. She was so grateful for our service, and her affirmation and light gave me hope that if you wake up every morning and do what makes you feel passionate and motivated, you are doing good in this world. Having this client so moved by what we were doing moved me in turn, and I’ll remember that interaction for the rest of my life, honestly.”

-Allie Stutting



Allie Stutting, a fourth-year student from Princeton, Iowa, majoring in history and secondary education, delivers groceries and other essentials April 3. Stutting started an organization, Iowa City Errand-ers, which is a network of young, able-bodied folks who can help the elderly and other at-risk populations during the coronavirus pandemic. Photo by David Scrivner.

Generosity of Spirit

Shelby Doyle, ISU assistant professor of architecture, asked if any of her student employees were interested in helping to make 3D printed face shields.

They all signed up.

“We didn’t want to give out something that didn’t perform with high quality. Face shields can extend the life of N95 face masks and help out with other hospital situations like blood draws.”

— *Anna Lukens, fifth-year architecture student*

Iowa State students 3D-printing face shields for Iowa hospitals

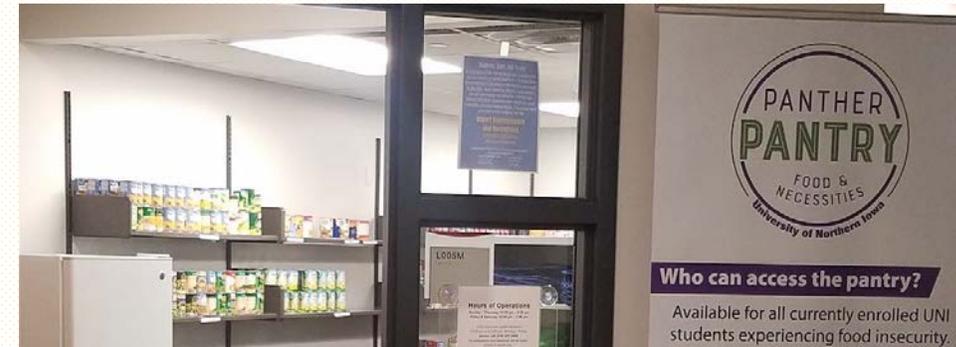
Posted Apr 1, 2020 8:30 am

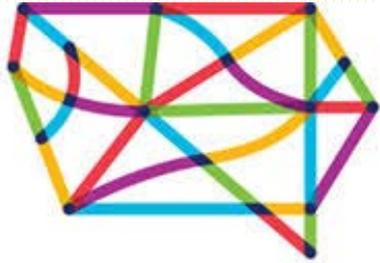


Bryan Dellett, third-year architecture student, looks over a pair of finished visor frames. A team of architecture students are operating 30 3D printers to manufacture face shields to assist with the health care industry’s response to the COVID-19 pandemic. The work is ongoing inside the College of Design’s Computation and Construction Lab. *Photos by Christopher Gannon. Larger image.*

Generosity of Spirit

- UNI Varsity Glee Club virtual concert:
<http://www.unigleeclub.com/online-concert>
- UNI Panther Packs
- Sew Warriors with PPE Shortage for “On With Life”
- Providing food in a desert: UNI helps bring community garden to life





Iowa Education
for Deaf & Blind



Students from both programs are recognizing the extra support provided them during school closure.

Generosity of Spirit

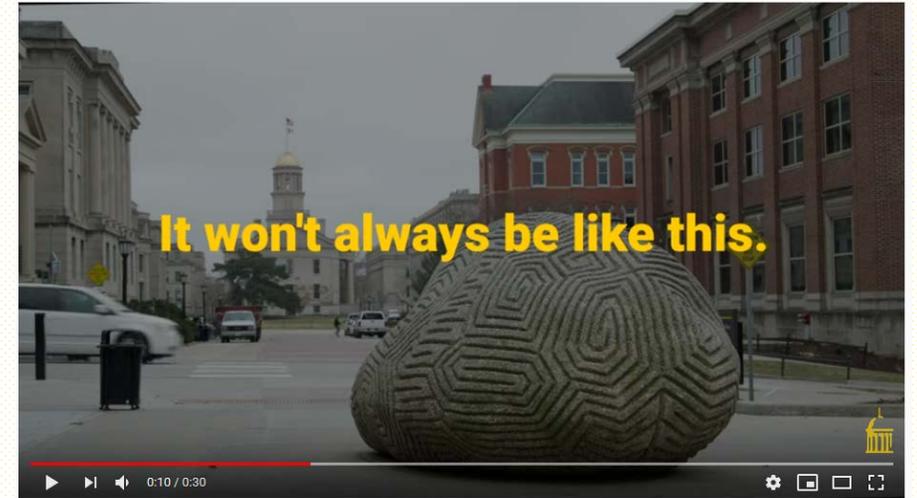


An ISD senior secretly planned this photo message with peers to tell staff they are missed.



An IESBVI student sent a note to all her teachers, including her teacher of the blind and visually impaired. *"...This has been one of the smoothest, most accommodating semesters I've had yet. I was able to end it with all A's and I thank all of my caring teachers for their help."*

Questions?



We Stand Together

TOGETHER, EVEN
WHEN WE'RE APART.

#UNItogether

IOWANS:

#STRONGIOWA

IOWA STATE UNIVERSITY
Extension and Outreach